



# Karen M. Rose

*Herbalist*

*owner, Sacred Vibes*

**T**rained in Eastern and Western Herbal Medicine, Master Herbalist, Karen Rose's personal dedication to empowering individuals to make informed decisions with regards to their health and lives led to the creation of Sacred Vibes Healing in 2002. Karen is authentic, knowledgeable, open and welcoming. As owner of Sacred Vibes Healing and Sacred Vibes Apothecary, a Brooklyn based community herbal apothecary, she is connected to both the earth and the community in which she practices, consults and teaches herbal medicine. Karen has authored articles on the benefits and simplicity of utilizing herbal medicine to nourish the mind, body and spirit. Her dedication to the earth, spirit, service, community and our individual divinity make Sacred Vibes Healing and its products truly unique!

#### **Topics Karen speaks on:**

*Herbs for Stress, Sleep and Dreaming*  
*Herbs for Women's Health and Pleasure*  
*Plants and their Spiritual uses*  
*Detox and Restore with Plants*  
*Sickle Cell Anemia; an all natural approach*  
*Herbal fertility, pregnancy, labor, delivery and beyond*

#### **Karen is available to speak to:**

*Conferences*  
*Wellness Initiatives*  
*Women's Groups*  
*Health Spas*  
*Universities*  
*Community Centers*

***To book Karen for a speaking engagement or community event, please email her directly via [booking@sacredvibeshealing.com](mailto:booking@sacredvibeshealing.com)***